

Parenting Class FAQs (Summer Online Class)

“The greatest benefit of all is that you will hear over and over of the goodness of God and how to view family relationships through the eye of His love.”
- Barry Byrne, MS Licensed Marriage & Family Therapist

Q:	Why are we offering this class?
A:	This course helps you show the heart of God to your children. With content based on the book, <i>Loving Our Kids on Purpose (LOKOP)</i> , this course introduces ways to build and protect heart connection with your children and includes talks about power struggles, responsibility, respect, self-control, etc. It has a lot of practical tips, for all age groups, but it's more about a different way of thinking and living in relationships. We believe you'll experience a tremendous increase in personal peace and loving connections with your child.
Q:	What is the cost for this class?
A:	The cost is \$20 per family, whether it's one spouse or both spouses attending the class. This includes access to the videos throughout the class and a study guide you can download and print.
Q:	Is this applicable to families with teens?
A:	"I would highly recommend LOKOP for parents of all ages. It is a class that could be taken multiple times, especially as relationships and dynamics change." - Julie Sato
Q:	Is this applicable to families with a toddler/preschooler?
A:	"I remember thinking during the class, I wish there was a class like this when I was a new parent." - Todd Tabon
Q:	Is this applicable to families who don't attend church?
A:	Yes! Parenting is challenging for every parent and we all want to do a good job in raising our children. This is a faith based class but most discussions center around how to have healthy family dynamics in our homes.
Q:	Should my spouse take this with me?
A:	Absolutely. A big source of angst in a marriage with children is arguing over each other's parenting styles. Because we're all different, we're not going to parent the same way, but if we have the same goals in parenting, we can experience healthier marriages and parent together as a team.
Q:	What does the class look like?
A:	The online class is 8 weekly sessions held on Zoom. Each session will include watching videos by Brittney Serpell and participating in small group discussions. The small groups are led by facilitators who will be covering you and your families with prayer. They'll ask what stood out to you in the videos and discuss what can you try at home with your family.

If you have questions, please email ida@catalystchristiancommunity.org.